



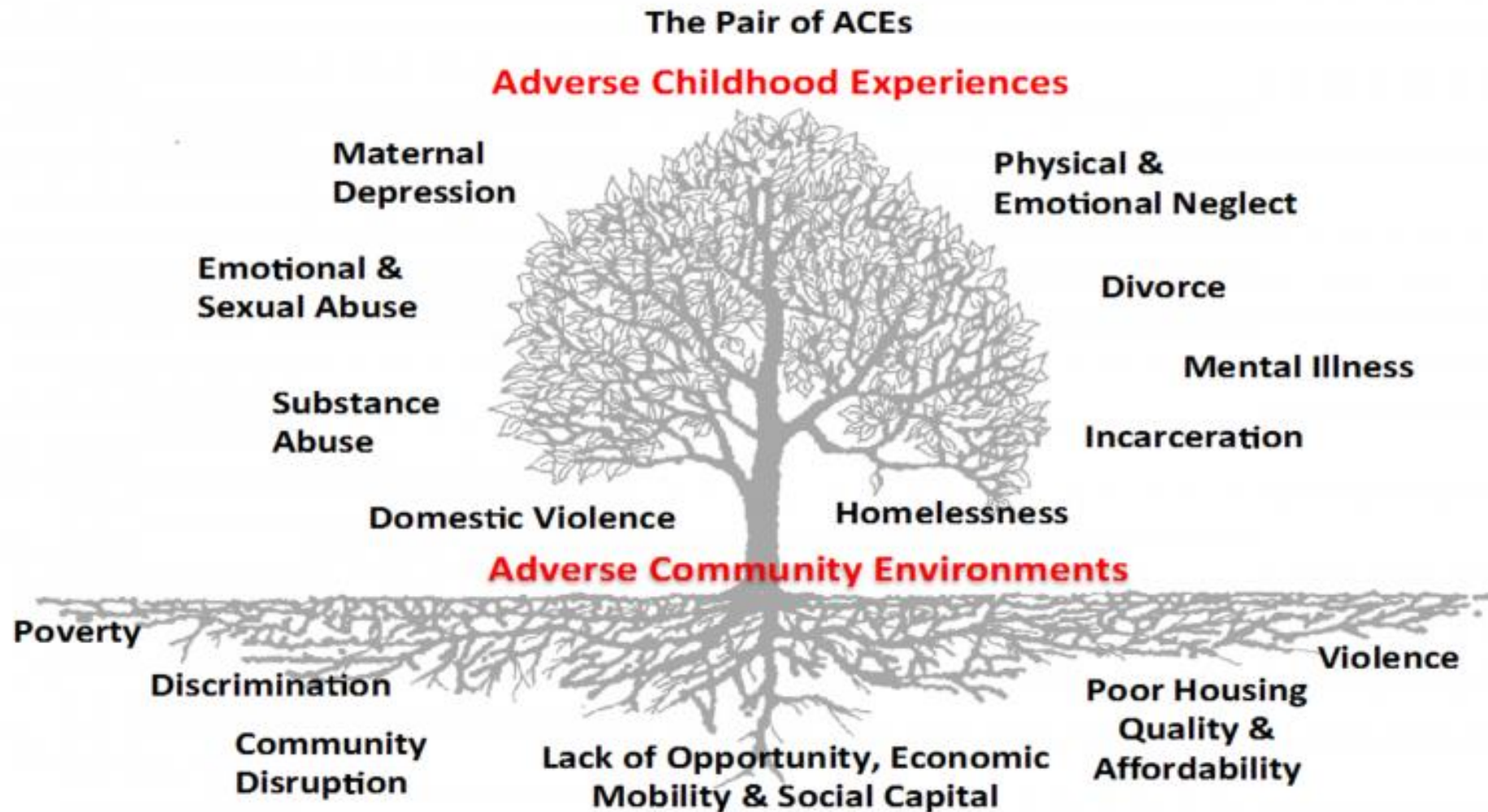
# Family First and Primary Prevention

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Moving Upstream

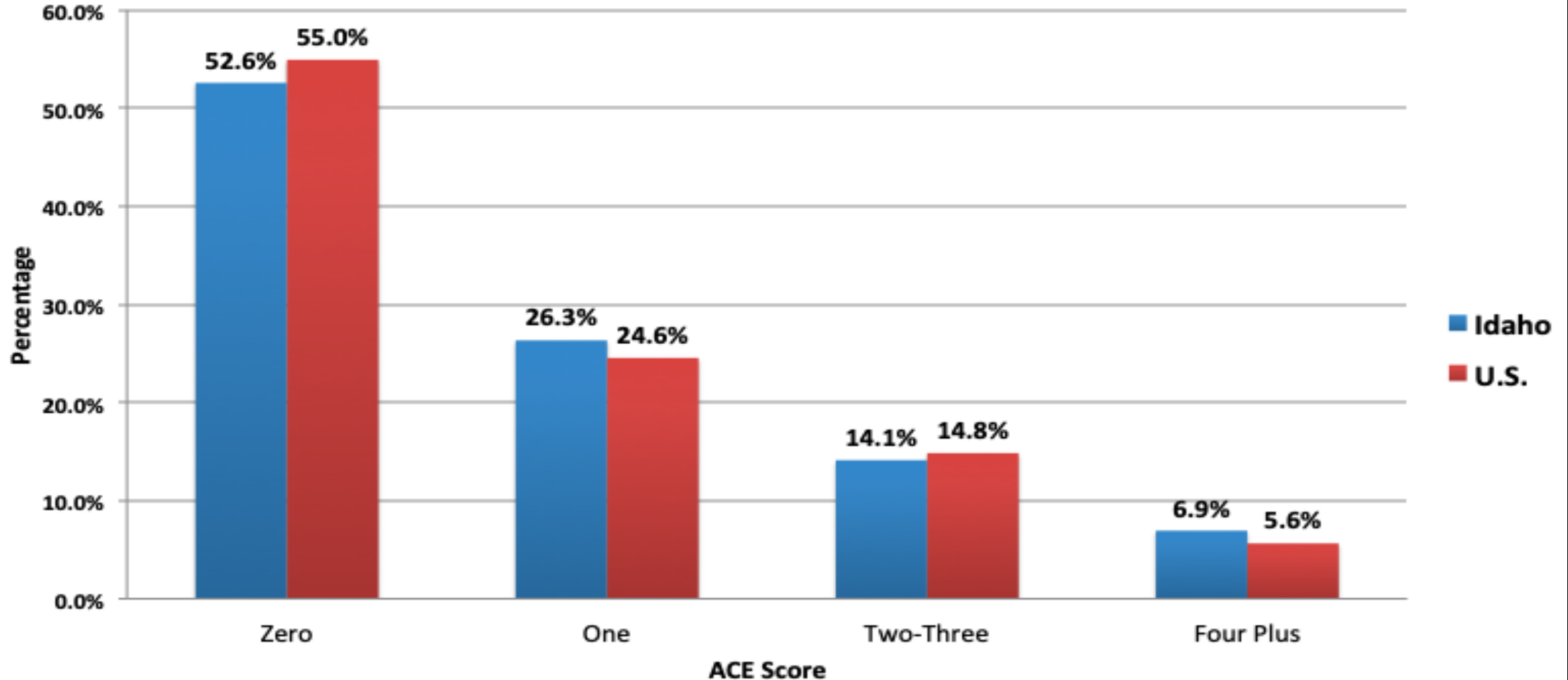


# A Reminder of what we need to Prevent



Ellis, W., Dietz, W. (2017) A New Framework for Addressing Adverse Childhood and Community Experiences: The Building Community Resilience (BCR) Model. *Academic Pediatrics*. 17 (2017) pp. S86-S93. DOI information: 10.1016/j.acap.2016.12.011

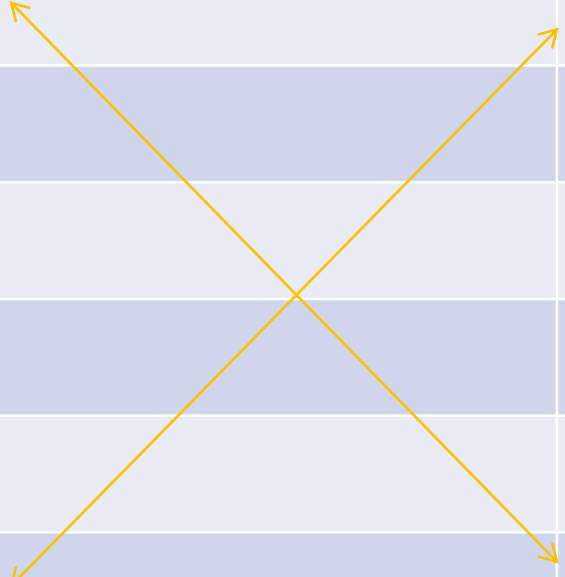
## ACE Scores for Idaho



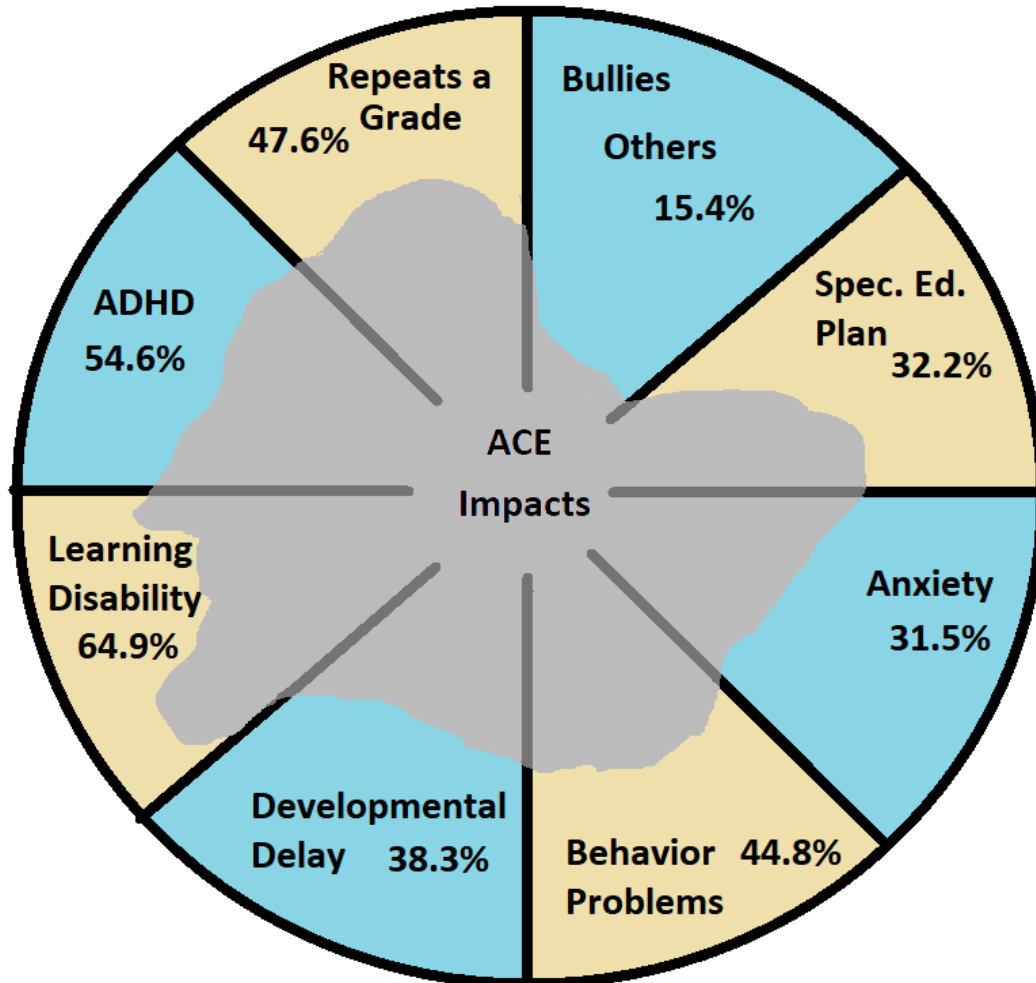
**Source:** 2016-2017 National Survey of Children's Health, Department of Health and Human Services, Health Resources and Human Services Administration's Maternal and Child Health Bureau, Analysis done by Alaska Association of School Boards Staff, October 2019.

# ACEs Among Idaho Children in Juvenile Detention and General Population

Number of Aces	% in Sample	% in Adolescents Ages 12-17
None	7.8	45.8
One	15.7	26
Two	13.3	12.8
Three	12.5	6.6
Four	12.7	4.1
Five or more	38	4.7



# ACEs significantly impact school performance in Idaho



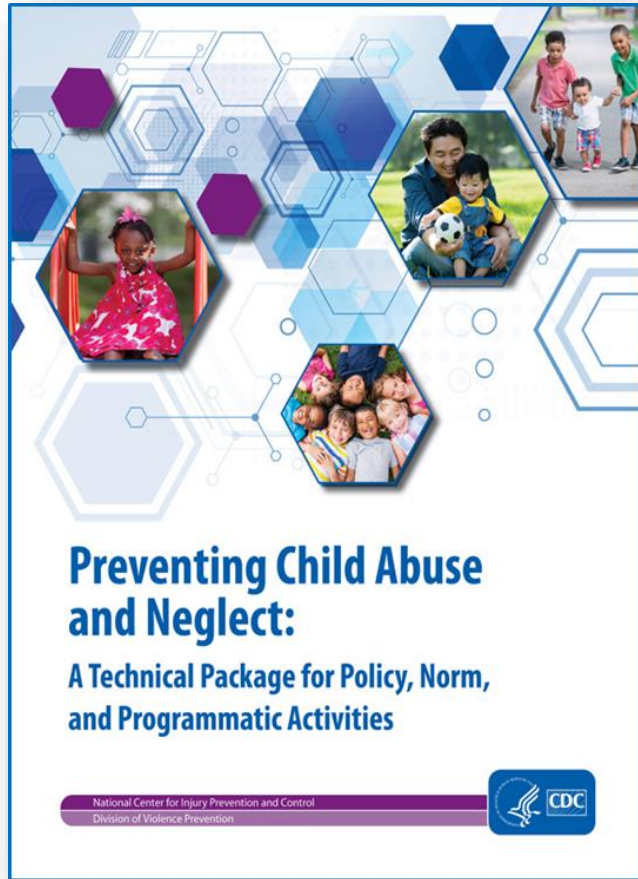
**Source:** 2016-2017 National Survey of Children's Health, Department of Health and Human Services, Health Resources and Human Services Administration's Maternal and Child Health Bureau, Analysis done by Alaska Association of School Boards Staff, October 2019.

**Population Attributable Fraction:** In epidemiology, attributable fraction for the population is the proportion of incidents in the population that are attributable to the risk factor.

# Recommendations from the Primary Prevention Work Group on Family First

- Idaho Family and Community Services should continue to learn and consider "imminent risk" definitions from other States and evaluate opportunities to broaden Idaho's definition.
- Strengthen communication and where possible collaboration throughout the “child welfare system” for the benefit of Idaho families. The child welfare system includes child welfare services as provided by the Idaho Department of Health and Welfare as well as non-profit providers and the court system aligned to focus on child well being.
- A Statewide Child Abuse and Neglect Prevention Plan should be developed with stakeholders statewide for the purpose of building healthy communities, and the prevention service array in Idaho.
- Engage with the court system to promote restorative and alternative sentencing that will result in families kept whole. Where possible social workers should be employed to assist families in developing case plans to improve family and child wellbeing.

# The CDC's 5 Strategies to Prevent Early Adversity



Create an environment that supports parents and positive parenting



Enhance parenting skills to promote healthy child development



Strengthen economic supports for families



Ensure a strong start for children



Intervene to lessen harms and prevent future risk

# The Good and Bad News

We are doing *some* of all of it  
but *not enough* of any of it



# 1. Strengthen economic supports to families

- Strengthen household financial security
- Family friendly work policies
  - Paid* Family Leave—e.g. Chobani, Mallek Law firm, City of Boise
  - Flexible work hours



## 2. Promote Social Norms that Support Parents and Positive Parenting

- Public education campaigns

- HOPE Conquers ACEs Training Initiative (45 trainers statewide)
- Stewards of Children Child Sexual Abuse Prevention training (100 facilitators)
- IPTV/Optum collaboration with Idaho Resilience Project
- Idaho Resilience Project
- Mental Health First Aid—Speedy Foundation

# 3. Ensure a strong start for children

- High quality child care

- Idaho STARS-Quality Rating and Improvement System (QRIS)
- Child Care Block Grant--ICCP



- Early childhood home visitation

- MIECHV (federal funding)
- State funding to Health Districts
- Early Head Start
- Infant Toddler Program

- Pre-school enrichment with family engagement

- Pre-K the Idaho Way (Idaho AEYC)
- Head Start

# 4. Teach skills

- Social-emotional learning
  - community schools model
  - SEL program for high school boys in Salmon



- Safe dating and healthy relationship skill programs
  - Domestic violence programs
  - school based programs esp. Family and Consumer Science curriculum

- Parenting skills and family relationship approaches
  - Home visiting (NFP/PAT)
  - Circle of Security
  - Nurturing Parenting
  - STRONG/Strengthening Families
  - Head Start



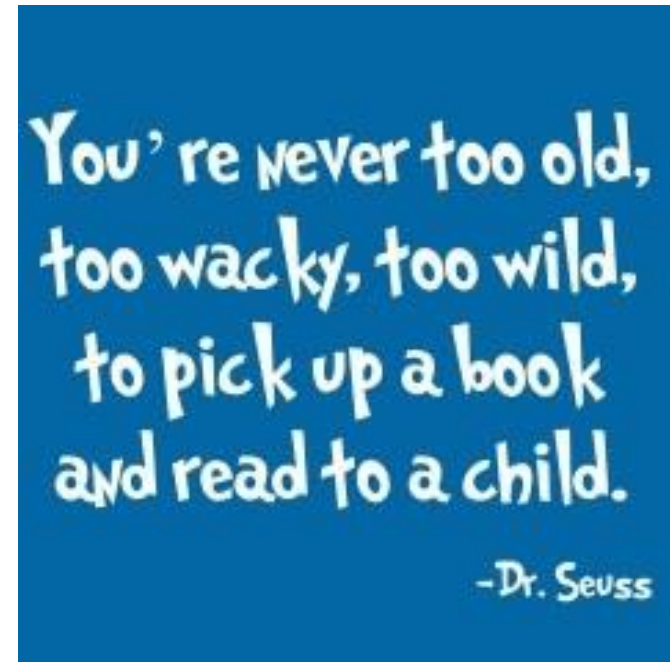


## 5. Connect youth to caring adults and activities

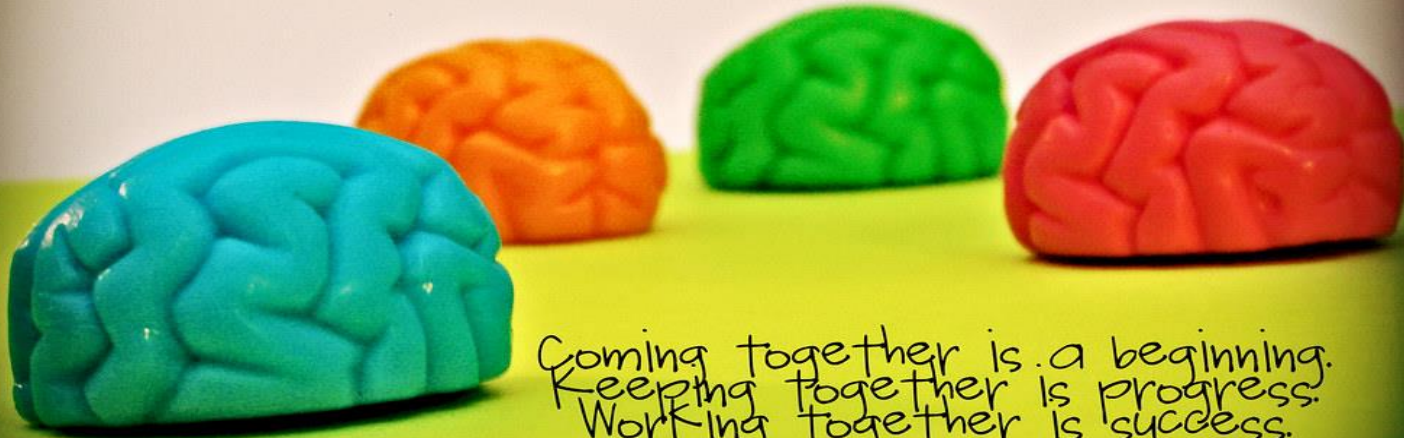


- Mentoring programs
  - Big Brothers/Big Sisters
  - Mentoring Network (Canyon Co.)
  - Breaking Chains Academy of Development (Canyon Co.)

- After school programs
  - 21<sup>st</sup> Century grants to schools
  - Boys and Girls Clubs



# TEAMWORK



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## What is a Child Maltreatment Prevention Plan?

- Brings together stakeholders from a variety of disciplines to work together
  - Schools, local and state government, local business organizations, social services, faith organizations, recreational and afterschool programs, etc.
- Sets vision and goals for effective prevention activities
  - e.g. "All of Idaho's children will have safe, stable and nurturing relationships and live in safe stable and nurturing environments"
- Drives data collection and evaluation
- Coordinates/aligns programs and services for the benefit of families

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